

US OPEN

SPEAKERS

- Dr. W. Ben Kibler
Lexington Clinic
Sports Medicine Center
- Lisa Heller
Sanex WTA Tour PHCP
- Dr. Rick Jensen
Sports Psychologist
Performance
Enhancement Center

PRE-PROGRAM

Dr. Michael Bergeron



Mark your calendars for the annual

Coaches Registration Symposium

Sunday August 25, 2002

Le Parker Meridien Hotel

Pre—Program

3:30-5:30 Gatorade Sports Science Institute
Individual Hydration Consultation—**Dr. Bergeron**

Program

5:00—5:30 Registration and Refreshments

5:30—6:15 *Push Through, Pull Through and the 4000 Watt Tennis
Player - **Dr. Kibler***

6:15—6:45 *Lets Get to the Core - **Lisa Heller***

6:45—7:00 Break

7:00-7:30 Core Stability Lab—**Lisa Heller and Sanex WTA Tour PHCP's**

7:30-8:15 *Incorporating Mental Skills Training Into Your Coaching Program
- **Dr. Jensen***

Sanex WTA
Tour